

Event: Shillington Shuffle
Date: Sunday 13th Nov 2011

Doing the Shuffle

Six members of the Buckingham and Stowe Running Club took part in the Shillington Shuffle at the weekend. The Shillington Shuffle is an off road Challenge Event organised by the Beds, Bucks and Northants Long Distance Walkers Association and starts in Barton-Le Clay near Bedfordshire.

There are 3 course options available at 26, 17 or 12 miles. There are no markings on the routes so entrants need to navigate themselves around the course.

There are also checkpoints along the way which need to be completed. The weather conditions on the day were perfect with glorious sunshine to boot. Jane

Smith, Carol Matthews, Fay Briggins, Maggie Anderson, Sue Rookley and Mark Rookley successfully negotiated the 12 mile section of the hilly course

without getting lost. The reward for completing the event was a hot meal and a drink which was very welcome. A good time was had by all and we look forward to next year's event.

